

INFO

Morin-Heights

In harmony with nature



MORIN-HEIGHTS
1855

MUNICIPAL INFORMATION

SUMMER 2023

JUNE / JULY / AUGUST
VOL. 26 NO 3

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REMINDER

Simon River's Children Fishing Day

at Lummis Park, Saturday, May 27, from 8:00 to 15:00!

Canada Day

On Saturday, July 1st, starting at 14:00, at Sommet Morin Heights (231 Bennett Street).

An exciting evening of music is planned with **Jam Expérience**, local duo **Seb & Jess** and the legendary Canadian band **The Box**, who will be stopping by with their 40th anniversary tour!

Face painting, entertainment, impromptu performances, inflatable games and games of skill, farm, pony carousel, fireworks and more! All activities are free.

The complete schedule for the day will be available in a few weeks. Come celebrate with us!



News from the Mayor



Summer is just around the corner, and it is a great opportunity for all of us to enjoy the quality of life we are privileged to have in Morin-Heights. I am always happy to admire the magnificent landscapes, the beauty of nature and to take advantage of all the cultural and outdoor activities that

are offered to us. I think we need to remember how precious this beautiful environment is and that we need to take good care of it.

I am very proud to mention that we will once again honour our musical heritage with various concerts throughout the summer, especially at Lummis Park. I strongly encourage you to take advantage of them as the quality will be there! Don't miss the Canada Day festivities on July 1st with the band The Box and the duo Seb & Jess. In the case of The Box, it's a comeback since they recorded an album at Studio Morin-Heights in 1986-1987. As for Seb & Jess, it's a duo of local talent; be there! The summer will culminate with the Superfolk Festival and its surprise line-up. If the quality of the artists of the last few years is any indication, the 2023 edition promises to be memorable as the event has taken its stride.

A few words now on the recent land acquisitions authorized by the council since the beginning of 2023. As you are undoubtedly aware, Council began the year by purchasing large lots owned by the Basler family, mainly located within the village core and along the Simon River. We concluded nearly three years of negotiations to acquire various lots, as well as the building located at the entrance of Basler Park. These decisions were well thought out and consistent with Council's strategic vision and the Municipality's new urban plan, which came into effect on February 27th. There were several reasons for this decision: the protection of a natural environment in the heart of the village core, planning of the important wastewater treatment project and the preservation of the recreational trails that run through this land as well as the possibility of carrying out other outdoor activities or an affordable housing project. This is an investment in the sustainable development of the municipality that will benefit all generations of Morin-Heights citizens. I want to remind everyone that the Habitat Morin-Heights project will be built on land adjacent to these newly acquired lots.

Furthermore, we have just acquired the lots of the Congregation of Our Lady of Charity of the Good Shepherd estate located along Route 364 near

Bennett Road. This is another crucial investment made this year and, as I have explained at Council meetings over the past few months, given that we had a right of first refusal on these lots and that a formal offer had been made to the owners, we had to act and make a decision, or we would lose this natural treasure. Those interested in acquiring the land had made it clear that they wanted to develop the property. I am convinced that the \$2.1 million invested is worth much more regarding sustainable development, and this site will once again benefit all present and future generations of Morinheighters. The possibilities for this site are immense and commensurate with its potential for various municipal purposes. We are continuing to reflect on this subject. We will keep you informed via, among other things, our new citizen platform, which I invite you to visit as soon as it is launched to keep you informed of major projects and to participate, in your own way, in municipal life via this new tool for collaboration between the Municipality and its citizens. We are currently carrying out the final tests necessary to ensure the proper functioning of this web platform; our regular site will continue to exist in parallel, and you will be able to visit it at your convenience.

Summer is also a time for major infrastructure work. This year, we will be upgrading all municipal aqueducts, and the Balmoral aqueduct will be undergoing additional work to increase its capacity. We will be doing work on Village Road in front of the IGA grocery store, on Tamaracouta Road, and a final section of Lakeshore Road will also be upgraded. Finally, repairs to the roof of the municipal garage will be required.

I cannot overlook the renovations to the library. Council has authorized an investment of nearly \$275,000 to give our library a facelift and make it more user-friendly and appealing.

Finally, I invite you to take advantage of the summer 2023 recreation program, as there will be something for everyone. We will continue our speed and noise awareness campaign. This year, you will be invited to participate actively and positively to affirm your desire to preserve our quality of life and the biodiversity of our environment.

Above all, enjoy your vacation and special moments with your loved ones. We look forward to seeing you this summer!

A handwritten signature in blue ink, appearing to read 'Tim Watchorn'.

Tim Watchorn, ing.
Mayor

A Tribute to Charles Bernard

Our Fire Department and First Responders Chief has decided to take a well-deserved retirement. I would like to take this opportunity to revisit a career dedicated to the service of the population of Morin-Heights.

Charles began his public service in 1987 and 1988 as a municipal councillor, but he found his true calling when he began his career as a firefighter in 1994.

During his early years, he also developed his passion for helping people by becoming a first responder alongside Michel Crevier's ambulance crew. This was the beginning of the 24/7 home scanner, which continues today! As a result, he was always the first to intervene when people were in need. From 2001 to 2004, Charles, often accompanied by his wife Carole, offered the service on a volunteer basis and a little outside the regulatory framework...!

In 2004, his dream became a reality with the creation of the First Responders Service in Morin-Heights. Over the years, he has been able to pass on his passion to other interveners, and our service has become an essential resource for citizens. Charles' passion is so contagious that his wife and daughter eventually also took first responder training!

In 2007, Charles was appointed Director of the Fire Department, and he integrated the training of first responders for the firefighters. We still have about 20 people trained to respond to medical emergencies for the local population.

Throughout all this time, Charles has navigated many situations with brilliance in the beautiful moments as well as the dramas we have experienced together. Whether it was the difficult moments as well as the dramas such as the Order of the Solar Temple event or the roof collapse at the Gourmet du Village, we all relied on him to respond

to emergencies, and he did so with professionalism and thoroughness.

Eleven years ago, Charles, along with Carole, delivered a baby girl before the ambulance arrived, and he held her in his arms all the way to the hospital. This young girl still lives in Morin Heights, and her parents continue to express their gratitude. I am sure many citizens of Morin-Heights also express their gratitude to Charles. One has the impression that when he arrives on the scene of a serious situation, people's nervousness disappears, and they know that everything will be OK. The *Sûreté du Québec* recognized his contribution and even gave him an award for his service to the population.

29 years as a firefighter, 22 years as a first responder, and 16 years as a director, one constant remains: Charles has always been there for all of us, and we owe him our thanks!

Charles, my director, my colleague and my friend, it is time to turn the scanner off...

Happy retirement!

Tim Watchorn
Mayor of Morin-Heights



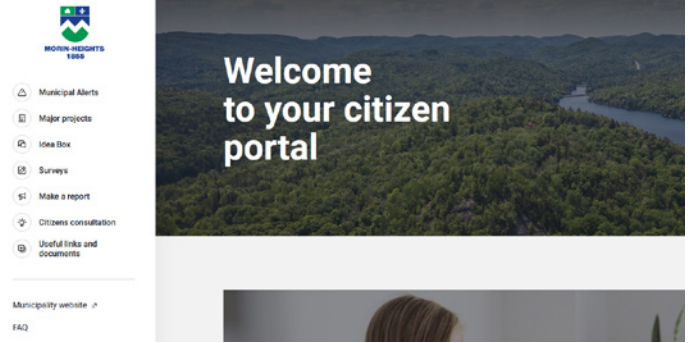
www.morinheights.com



A new citizen portal!

We are working hard to implement a citizen portal accessible from the municipal website. This new portal will be a communication tool but also a tool for citizen participation and involvement. When it is launched in the near future, a «Major Projects» section will be included to share with you the objectives, stages, plans and deadlines of the significant projects on our worktables. A «Surveys» section will also be available to accurately measure your satisfaction and suggestions and adjust to them efficiently.

This citizen portal is, in fact, a digital tool with multiple possibilities that allows us to offer a wide range of online services and progressively, we will add components to make it a true one-stop



resource for citizen services. You will also be able to personalize the information according to your personal preferences!

Stay tuned, you will be informed via our different platforms when the portal opens!



Photo: Quentin Kavas

Photo Contest

Please share your best shots: it could be local landscapes, local activities, events, or Morinheighters who are all smiles! The winner will receive a gift card from a local shop. Send your favourite shots to: karyne.bergeron@morinheights.com. The winner will be announced in the next issue of this bulletin.

Your pictures must have a minimum weight of 1 MB. Pictures received for this contest must be free of rights and will be kept in our municipal bank of images and could be used to illustrate our various communication tools or ads.

The contest winner from the previous edition is **Quentin Kavas**, who won a \$75 gift certificate from the new Boulangerie du P'tit Chef, located at 707 Village Road. Congratulations!

Looking for Morinheighters!

You have surely appreciated the beauty and quality of the photos that illustrate our various communication tools. The eye and talent of our municipal photographer and Morin-Heights resident, Paul Mackay, make us proud to share his images!

To present a broader range of our population through these photos, we are looking for groups (families, couples, friends) for different photo sessions organized throughout the seasons.

A photo session will be planned in two blocks of one or two hours on the same day. If you are a fan of a local activity, photos can be taken in action (mountain biking, cross-country skiing, skating, etc.) and others in our various parks, infrastructures, and trails. Gift certificates from local businesses and a few surprises will be given to participants as a thank you!

To let us know if you are interested in taking part in an upcoming photoshoot, please contact us at the following email address: karyne.bergeron@morinheights.com. Provide us with a brief description of your family or group (number of people, age range and preferred activities) so that we can plan according to your interests and our needs.

Citizen Card

Why a citizen card?

It allows you to register online for our activities and to benefit from the reduced rates or free access offered to residents, including for:

- course programming
- cultural activities
- events and shows
- free access to outdoor tennis and pickleball courts
- access to Lummis Park
- access to a library card
- access and registration to the *Pays-d'en-Haut* Sports Center
- and much more!

Please note that starting this summer, we will be keeping track of the frequency of use of recreational services for all (Morin-Heights citizens, MRC residents and non-residents).

To do so, we will ask you to show us your citizen card when you arrive at Lummis Park and Basler Park and to mention your chosen activity, so we can obtain more statistics on our activities to improve our services.

Information:

Information: www.morinheights.com/Citizen-Card

Laurentian Region Cancer Support Group

The group offers English-Speaking support services to cancer patients, caregivers and their families in the Laurentian Region. Free monthly meetings are held at Chalet Bellevue (27 Bellevue St.) or online via ZOOM. Donations are welcome (tax receipts provided).

For more information about the group's services, meetings, and guest speakers, call June Angus at **450 226-3641** or email cancer.laurentia@yahoo.ca.

Replacing your septic system

Are you familiar with the Quebec government's refundable tax credit for upgrading residential wastewater systems?

This generous tax credit, in place until 2027, is designed to provide financial support to homeowners who need to replace or undertake repairs to their septic systems.

Learn more by visiting this site:

<https://www.apchq.com/> ("Actualités" menu, "Subventions gouvernementales" submenu).



LA FOUILLERIE

VÊTEMENTS & ARTICLES DE MAISON USAGÉS
USED CLOTHING & HOUSE ITEMS

28, rue Bennett, Morin-Heights | 450 644.0087

HORAIRE
SCHEDULE

Jeudi / Thursday & Vendredi / Friday | 9h à 15h

Ouvert le 1^{er} samedi du mois /

Open every 1st Saturday of the month | 9h à 14h

Books Boxes

Our book boxes are back! You can leave, exchange, take or borrow a book of your choice without any obligation. The boxes are located at the following locations: Basler Park, Lummis Park, Village Entrance Park, Aerobic Corridor Welcome Pavilion and Chalet Bellevue.

Some of our boxes are large enough to accommodate a few if you have board games or puzzles that are still complete, CDs or other similar hobbies. We invite young and old alike to make our book boxes come alive in their own way!

Important numbers

Town Hall

567 chemin du Village
Morin-Heights (Québec)
J0R 1H0

Telephone: 450 226-3232

Fax: 450 226-8786

www.morinheights.com
municipalite@morinheights.com

Emails:

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chaletbellevue@morinheights.com
comptabilite@morinheights.com
conseil@morinheights.com
loisirs@morinheights.com
mutation@morinheights.com
pleinair@morinheights.com
service.urbanisme@morinheights.com
ssi@morinheights.com
taxes@morinheights.com
travauxpublics@morinheights.com

**Sûreté du Québec des
Pays-d'en-Haut:**
450 227-6848

Animal Control:

1 866 960-7722 • www.spcall.ca

 [www.facebook.com/
MunicipaliteMorinHeights](http://www.facebook.com/MunicipaliteMorinHeights)

 [www.instagram.com/
municipalitedemorinheights](http://www.instagram.com/municipalitedemorinheights)

 [youtube.com/
@MunicipaliteMorinHeights](https://www.youtube.com/@MunicipaliteMorinHeights)

 t.me/morinheights

**Emergency 9-1-1:
Public Works (evenings,
nights, weekends, and
holidays) Fire - Police -
Ambulance Emergency
Measures**

Photos: Paul Mackay, Derek Shearer and Tara Kirkpatrick
Legal deposit – Bibliothèque et Archives nationales
du Québec, 2023

Graphic Design:
Turquoise Design / 514 592-8153

Production:
Les Imprimés Triton / 1 888 990-3486
www.groupetriton.com

Trinity Anglican Church is now even more welcoming!

Our wheelchair access project is now complete, featuring new exterior ramps, pathways, access doors with a wide passage, along with an upgraded accessible washroom.

Our in-person services every Sunday at 11:00 are also available via Zoom. And, even without Internet access, you can join our services via your phone. You can also join us via Zoom for Evening Prayer at 17:00 every weekday when seekers from across the Laurentians gather for a 30-minute online service.

For the Zoom links or information about Trinity, contact the Rev. Tania Lesack at tania.lesack@gmail.com or 514 607-0414 or email us at trinitychurch.morinheights@gmail.com

Trinity Anglican Church is located at 757 Village Road and is part of the Anglican Church of Canada and the worldwide Anglican Communion.

Please join us, you'll be welcomed.

Next editions!

FALL EDITION

August 15 to December 1, 2023

Deadline: June 12, 2023

Distribution: August 15, 2023

WINTER EDITION

Dec. 1, 2023, to March 15, 2024

Deadline: October 3, 2023

Distribution: November 23, 2023

Visit www.morinheights.com to sign up for our email newsletter to receive last-minute announcements, important reminders, and details on current programming!

Collections Calendar





SECTOR 2-YELLOW

JUNE							JULY							AUGUST								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
				1	2	3							1			1	2	3	4	5		
4	5	6	7	8	9	10	2	3	4*	5	6	7	8	6	7	8	9	10	11	12		
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19		
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26		
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31				
							30	31	Place bulky items by the street on the evening of July 4. The pick-up truck will pass by once on July 5 or 6 or 7.*													

SECTOR 3-GREEN

JUNE							JULY							AUGUST							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3							1			1	2	3	4		
4	5	6	7	8	9	10	2	3	4*	5	6	7	8	6	7	8	9	10	11		
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18		
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25		
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31			
							30	31	Place bulky items by the street on the evening of July 4. The pick-up truck will pass by once on July 5 or 6 or 7.*												

Legend

-  Recycling (blue bin)
-  Organic (brown bin)
-  Garbage (black bin)
-  Bulky items



INFO-COLLECTE

1 855 PDH-RECY • 450 229-8052 •
infocollecte@mrcpdh.org

www.morinheights.com



MRC des Pays-d'en-Haut



WONDERING WHAT GOES WHERE ?



With the free application **Ça va où?**,
 you'll know where things go!

<https://cavaouwebapp.recyc-quebec.gouv.qc.ca/>

Town Planning and Environment

SEPTIC SYSTEMS

Maintenance of your septic system

For a septic system to function optimally, it must be adequately maintained. A septic system treats domestic wastewater naturally thanks to the bacteria and enzymes in the tank and the purifying element.

What is a septic system?

- The tank (separates solids from liquids and partially decomposes sludge)
- The purifying element (distributes the liquid part, filters it, and finishes the decomposition)

Is too much water harmful?

Too much water on a regular basis can interfere with the proper functioning of the system. Try to stagger your water use to avoid water surges in the septic tank. A water surge occurs when a large amount of water enters the tank quickly, creating turbulence and resuspending solids, which can lead to their carryover to other septic system components. For example, the simultaneous use of the dishwasher, washing machine and shower can create a large and damaging amount of water in the tank.

Why is it necessary to have the tank emptied periodically?

When the accumulation of sludge and scum is too great, the tank's efficiency is significantly compromised, and the material that should be accumulating in the tank is directed to the downstream system, which can lead to premature clogging. Therefore, the septic tank must be emptied according to the **Regulation respecting wastewater disposal systems for isolated dwellings (see section 13)**. A residence used year-round requires the sludge and scum to be emptied every two years; a secondary home used seasonally requires an emptying every four years.

Purification field or filtering element

For a purifier to function correctly, it must always be clear. It should not be used as a driveway or parking lot to avoid soil compaction. Trees and shrubs should not be planted near drainage pipes as their roots may clog them. Backfilling, digging, and gardening should also be avoided over the drain.

What can I put in my septic system?

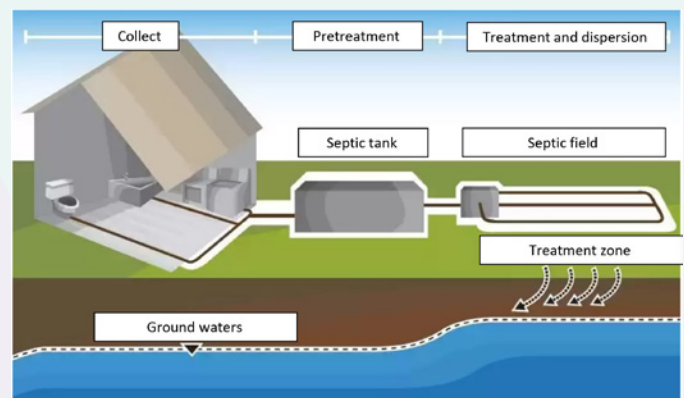
A septic system is designed to receive and break down body waste, toilet paper and grey water, period! Other body wastes, such as condoms, disposable wipes, dental floss, sanitary napkins, etc., should be disposed of with household garbage. Products that can compromise the viability of bacteria, such as abundant bleach, pesticides, herbicides, insecticides, and medications, should be placed elsewhere.

Acceptable for septic tank

- body waste
- toilet paper
- grey water (from dishes, showers, washing machine)

Not to be put in!

- disposable wipes, condoms, dental floss, condoms, sanitary napkins
- coffee grounds, grease, and cooking oils
- cigarette butts
- medication, bleach in quantity,
- pesticides, herbicides, insecticides
- solvents, paints



Text by Marjorie Valiquette and Jan-Erik Deadman, in collaboration with Christiane Langevin and Richard Cusson, members of the EAC - water sub-committee.



Lawn Watering Standards

According to the following days, lawn watering is permitted only from 3:00 to 6:00 in the morning if water is distributed by automatic watering systems and only from 20:00 to 23:00 if mechanical watering systems distribute water:

- a) **Monday** for the occupant of a dwelling whose address ends in 0 or 1;
- b) **Tuesday** for the occupant of a dwelling whose address ends with 2 or 3;
- c) **Wednesday** for the occupant of a dwelling whose address ends with 4 or 5;
- d) **Thursday** for the occupant of a dwelling whose address ends with 6 or 7;
- e) **Friday** for the occupant of a dwelling whose address ends with 8 or 9.

Ecocentre

The inter-municipal Ecocentre is located at **2155 Jean-Adam Road**, Saint-Sauveur. It is open every day from 7:30 to 16:45, except Wednesdays.

www.vss.ca/services-aux-citoyens/services/ecocentre

ecocentre@vss.ca

450 227-0000, ext. 3200

Public Works and Infrastructures

REHABILITATION OF EXISTING INFRASTRUCTURE, safety first!

Necessary Street Closures

When we talk about «road work», we often talk about «street closures» as well. You can't make omelets without breaking eggs, as they say. Street closures inevitably cause frustration among motorists and require a little patience to navigate the detours. However, they are essential to ensure workers' safety on construction sites.

To replace existing water mains due to the significant depth of such excavation sites, mandatory widths and slopes are required to maintain the integrity of the supporting walls. These trenches, sometimes as wide as the road itself, are necessary to avoid a wall's collapse and reduce the risk of serious injury to workers. It is therefore important to keep calm, smile, and plan your trips accordingly.

A Matter of Safety

Be mindful that flag attendants are crucial in controlling the traffic coming in and going out of construction sites. They are not only safeguarding the security of workers but also the safety of motorists who, sadly, do not always comply with their directives. Let's be respectful and collaborate.

Above all, remember that once the work is completed, these stretches of road will not need to be touched by municipal crews for several years. So why worry about a few weeks of inconvenience when these improvements will provide residents with a better environment for years to come?

Several major projects will be set in motion this summer and continue throughout the fall. The work consists of repairing outdated or damaged infrastructure, such as sections of our water works, roads and sidewalks, and reprofiling ditches for proper drainage.

We cannot repeat it often enough: this regular upkeep is an integral part of our plan to maintain assets in a sustainable manner while improving citizen safety as an added benefit. It goes without saying that carrying out these types of projects over the winter months, as opposed to during warmer months, would significantly increase overall costs due to frost and snow cover.



Library

The municipal library is located at 823 Village Road and is closed on holidays. Library membership is free for all residents.

We invite you to reserve your documents in advance on mabiblioamoi.ca or by email at bibliotheque@morinheights.com. For returns, the book chute is always accessible on the side of the building.

Hours:

Tuesday to Friday from 10:00 to 18:00

Saturday from 9:00 to 17:00

Information:

bibliotheque@morinheights.com

or 450 226-3232, ext. 124



Summer Reading Club for Kids

Children 0-12 years old, registration at the library, membership card required

The 2023 edition of the TD Book Club officially begins on June 12! This summer, the only thing to do is to stock up on books because the most voracious readers will have a chance to win great prizes! Visit clubdelecturetd.ca.

StoryWalk

From June 12 to September 4, a walk along the CN trail, which runs alongside the Aerobic Corridor, will allow you to enjoy Mireille Messier's «*Treasure*» tale. The StoryWalk will let you travel from one panel to another for everyone's pleasure!



**Les Z'animés,
presented by
the library**

To ensure you have a place, please register through the Municipality's website: www.morinheights.com. We will be happy to assist you with the registration process if necessary!

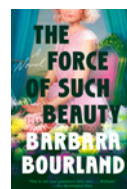
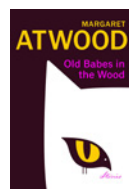
Arbre/moi: Workshop between art and nature
JUNE 17, 10:30, FAMILY

Local artist Elizabeth Whalley invites you to discover and explore what trees mean in a creative workshop for the whole family. Come and express the beauty of nature and let off steam in colour! Activity offered in French and English.

Frida and Diego: A Story of Love and Collaboration

AVAILABLE FOR VIEWING ON OUR YOUTUBE CHANNEL FROM AUGUST 11 TO 24

Among the significant figures of Mexican art, the stars of Frida Kahlo and Diego Rivera shine brightly. One is the country's greatest muralist, with an international career; the other is intimistic, fragile and resilient at the same time. It is by going through their works that their paths will be revealed to us. Presented in French by Sylvie Coutu.



NEW RELEASES

The library keeps its collection up to date! Here is a glimpse of our new acquisitions:

Old Babes in the Wood / Margaret Atwood

The Last Kingdom / Steve Berry

Fairy Tale / Stephen King

I Have Some Questions for You / Rebecca Makkai

Looking for Jane / Heather Marshall

Encore in Death / J.D. Robb

A Dangerous Business / Jane Smiley

Worthy Opponents / Danielle Steel

1989 / Val McDermid

The Force of Such Beauty / Barbara Bourland



Please note that the Fire Safety Department will conduct its prevention visits from the beginning of July until the end of August.

Morin-Heights Fire Department and First Responders



Outdoor fires

Before building an outdoor fire, follow the rules for an open-air fire. If you use an outdoor fireplace, ensure it is installed correctly.

Open-air fires

An open-air fire is a fire that burns freely, for example, a ground-level campfire.

Before lighting an open-air fire, check with your municipality to see if open-air fires are permitted in your area. Also, check with SOPFEU for any restrictions in effect. If there are no restrictions in your municipality, follow these guidelines:

- Prepare an open area on mineral soil free of combustible materials (leaves, grass, etc.).
- Make sure you have access to a water source (e.g., bucket of water, garden hose) to put out the fire.
- Keep all propane gas cylinders and other combustibles out of reach.
- Keep an eye on the fire at all times and always have water nearby.
- Put out the fire by dousing it thoroughly and stirring the embers.
- Before leaving the premises, make sure there are no heat sources by touching the ashes.



Outdoor fireplaces

If you have a regulatory outdoor fireplace, you can have a fire, even if SOPFEU restrictions are in effect in your municipality. To comply, your outdoor fireplace must:

be installed on a non-combustible surface (gravel, dirt)

AND

be equipped with a spark arrestor with openings no larger than 1 cm.

However, check your municipality's regulations to find out what type of fireplace you can use (stone, brick, or heat-resistant metal).

What to do if an electric wire has fallen to the ground?

Stay at a distance and never use an object to try to move the wire. Even a tree branch can conduct electric current. To report the presence of a wire on the ground, call 911.

Outdoor Network

New Mountain Bike Trail Project

The *Club de vélo des Pays-d'en-Haut*, Sommet Morin Heights, and the Municipality of Morin-Heights are pleased to announce the development of a new mountain bike trail network.

The project, directed, managed, and operated by the VPDH-SMH Trails Committee, foresees the realization of 13 km of trails, which will be linked to the Basler Park network, where 15 km of bike trails are already accessible.

The opening should be at the end of June; there is still some work to complete. Check our website for the opening date.

Unauthorized Development

Building modules, obstacles or new trails in the mountain bike network is forbidden without the approval of the Municipality.

Hiking

The hiking trail network at Basler Park and Bouleaux Park (snowshoeing trails only) is free for all users. Please note that the winter trails at Sommet Morin Heights **are closed** during summer.

Trail Conditions

You can check the status of the trails on the municipal website: www.morinheights.com/Outdoors. Please respect the 24-hour rule after heavy rain to preserve the trails' condition and respect the signage regarding closed trails.

Parking

Street parking is always prohibited, as well as on private lots adjacent to the parks. It is imperative that you use the municipal parking lots near the various trail networks.

Mountain Bike Race

June 27 at Basler Park! For more information, see the *Club de Vélo des Pays-d'en-Haut* website at <https://www.velopaysdenhaut.ca>.

Mountain Biking - Morin-Heights Residents

Access to Basler Park for mountain biking is free for Morin-Heights residents (**on presentation of a valid citizen card).

Respect of private property

It is important to note that the closed trails may be located on private property. Therefore, using them outside of the operating season is **forbidden** since we do not have the necessary authorizations.

2023 MOUNTAIN BIKE PRICING

SEASON PASSES	MORIN-HEIGHTS RESIDENTS	MRCPDH RESIDENTS	NON-RESIDENTS
Adults 18 years and older	FREE**	\$55.00	\$65.00
Students 18-22 years old (with proof) Seniors 65+ (with proof)	FREE**	\$40.50	\$53.25
Children 17 years and under	FREE**	FREE	FREE

Taxes included. Prices are subject to change without notice.

DAY TICKETS	MORIN-HEIGHTS RESIDENTS	MRCPDH RESIDENTS	NON-RESIDENTS
Students 18-22 years old (with proof) Seniors 65+ (with proof)	FREE**	\$8.00	\$10.00
Students 18-22 years old (with proof) Seniors 65+ (with proof)	FREE**	\$8.00	\$10.00
Children 17 years and under	FREE**	FREE	FREE

Taxes included. Prices are subject to change without notice.


Trail Running Event at Basler Park

Course en Sentier Ozone, in collaboration with the Municipality of Morin-Heights, presents the second edition of this family event that will be held at Basler Park on July 15.

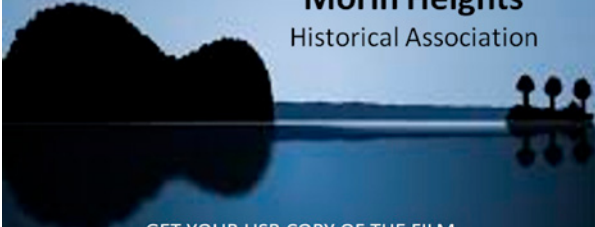
For more information:

<http://courseozone-morinheights.ca/>

Cultural Programming



Association Historique de
Morin Heights
Historical Association



GET YOUR USB COPY OF THE FILM
"MUSIC: THE OFFICIAL LANGUAGE OF MORIN-HEIGHTS"
\$20.00 - CASH OR CARDS
ON SALE AT CHALET BELLEVUE OR RESERVE AT:
<https://morinheights.com/Music-the-Official-Language-of-3571>
AND PICK UP AT CHALET BELLEVUE

Morin-Heights Historical Association

MHHA is a volunteer organization that preserves our region's rich history and informs the public about our past through publications and live presentations.

History is important! Help us by browsing our website: <https://morinheightshistory.org/> to buy our publications (online store and Porcupine magazine) or by becoming a member (membership).

Throughout the year, watch for live events that will be posted in Info Morin-Heights.

Local Knitting in Public Day

This year we decided to have a local knitting day in public! You are welcome to come to the Chalet Bellevue to knit together on the porch on **Saturday, June 10**, from 14:00 to 16:00. Bring your knitting, embroidery or crocheting supplies, tea or coffee and treats, a folding chair, but most of all, your cheerfulness! Experienced knitters will be ready to share their knowledge with novice knitters.

Rain or shine, we will knit and chat!



((SiriusXM))
PRÉSENTE - PRESENTS

FESTIVAL
SUPERFOLK
Morin-Heights

18-19-20 AOÛT 2023
BILLET EN VENTE AU :
SUPERFOLK.CA
GRATUIT POUR LES 17 ANS ET MOINS

2023 AUGUST 18-19-20
TICKETS ON SALE AT:
SUPERFOLK.CA
FREE FOR 17 AND UNDER



LES DIMANCHES

.....

.....

SUPERFOLK
Morin-Heights

.....

SUNDAYS

JASON BAJADA

AU PARC BASLER / AT BASLER PARK
18 JUIN / JUNE 18TH
16H / 4 PM
GRATUIT / FREE



SUPERFOLK.CA

www.morinheights.com

Cultural Programming

Shakespeare-in-the-Park's "Cymbeline"

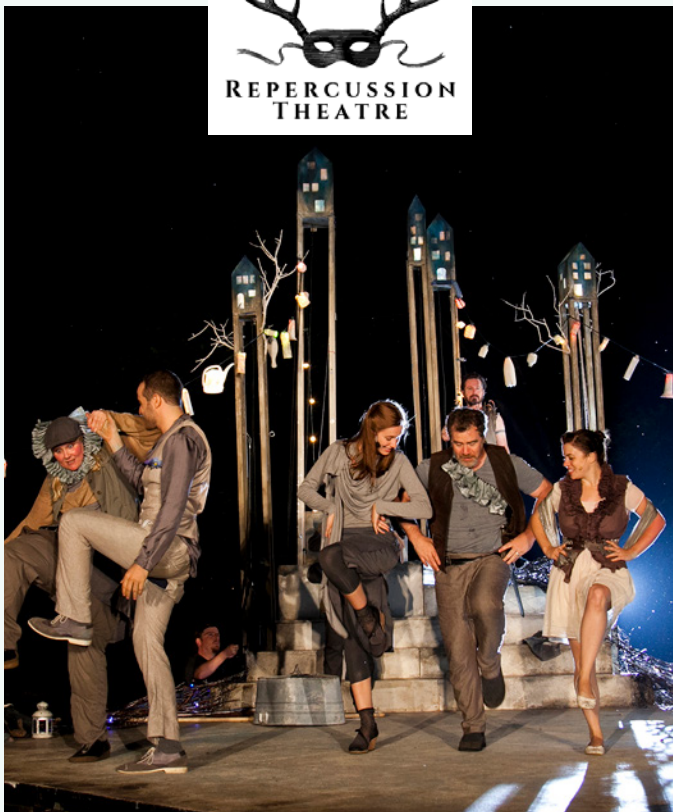
Repercussion Theatre and the Municipality of Morin-Heights invite you to a professional theatrical production this summer.

Part fairy-tale, part historical-fiction, part tragic-comedy, *Cymbeline* has it all: a troubled kingdom, forbidden love, betrayal, battles, deception, disguises, revelations and reunion...

With music, a dynamic, eco-conscious design, and an ensemble of eight talented actors taking on multiple roles, *Cymbeline* explores what we do in the name of love, how deeply our humanity is rooted in the Earth, and how much we must sometimes lose to find ourselves, and each other, again.

The play will be presented at **Basler Park** (99 ch. du Lac-Écho) on **Saturday, July 22, at 19:00**. Free! Only representation in the region! Bring lawn chairs and blankets.

Information: chaletbellevue@morinheights.com or 450 226-3232, ext. 132



www.morinheights.com



Get involved with Theatre Morin Heights!

Thank you to all of our patrons, members, sponsors and volunteers who helped Theatre Morin Heights deliver a great show with our April production of "Hansard".

Our planning is already underway for our next big event set for this fall, October 18 to 22. Six performances are scheduled, including four evening shows and two matinees. Casting and rehearsals will begin shortly, so let us know soon if you are interested in being on stage; play selection depends on it.

If you want to get involved on stage or behind the scene, please contact us. There are also many other ways to volunteer to become part of our thriving local English community theatre troupe; just let us know if you are interested!

For more information, call 579 765-3999, email theatremorinheights@gmail.com or visit our website, theatremorinheights.ca.

Concerts at Lummis Park

As part of a trial project, musical performances and possibly spontaneous animation will be presented at Lummis Park this summer. Follow our usual communication platforms to learn all the details of this new summer program!



Book Fair of the Association des auteurs des Laurentides, at the Chalet Bellevue from **July 28 to 30**. Come and stock up on your reading material for the year at a low price!



Lummis Park

Access to Lummis Park is FREE for all residents with their citizen cards, access is fee-based for non-residents. However, each resident can invite five people for free upon presentation of their citizen card.

Services offered

- Sand volleyball court
- Book box
- Children's park and toy box
- Parking
- Picnic tables
- Chemical toilets

FEES

Category	Daily fee
Morin-Heights residents	Free with citizen card
MRCPDH residents	Free with proof of residence*
Non-resident	\$5 ** Payment method by card only
Children 17 and under	Free with proof ***

* Proof accepted, driver's license or citizen card

** No refunds in case of rain or storms

*** With proof of school attendance and identification



Viking Canoe & Kayak Club



Canoe Kids Summer Program

From June 26 to August 18, we offer a half-day summer camp, from 8:30 to 12:30, for children aged 5 to 11.

Youth Competitive Development Program for 11 to 16 years old

This program runs for four to eight weeks, Mondays, Wednesdays, and Fridays, from 8:30 to 12:30.

Also offered are an **Adult Recreational Program** (canoe, kayak and dragon boat) and an **Adult Performance Program** (canoe and kayak).

PaddleAll Program

This program is aimed at providing individuals with disabilities with the opportunity of participating in the sport of sprint canoe kayak.

For more information and to register:

www.canoekayakviking.ca •

canoekayakviking@gmail.com • 450 226-1876

All programs are subject to change without notice, pending registration and demand. Equipment is supplied.

Tennis and Pickleball

Access to the tennis and pickleball courts is FREE for all residents with their citizen cards.

Where: Basler Park (99, Lac-Écho Road)

Opening hours: Every day from 9:00 to 21:00

Available for use	
1 double tennis court	Synthetic surface
1 single tennis court	
4 pickleball courts	Acrylic surface

Please note that tennis lessons have priority over free practice (see p. 20).

Rates

Category	Daily rate	Season pass
Morin-Heights resident	Free with citizen card	Free with citizen card
Non-resident	\$5	\$100
Children 17 and under	Free with Proof *	Free with Proof *

* With proof of schooling or identity card.

TO PLAY:

- / No reservation is necessary.
- / Playtime will be based on a first-come, first-served basis, with hourly rotation.
- / The game's maximum duration is one hour and can be extended if no one is waiting.
- / Present yourself at the entrance of Basler Park with your citizen card for free access to the courts. A daily access fee will be charged to non-residents.
- / Non-residents may purchase their season pass at the Chalet Bellevue reception desk between 9:00 and 16:00, seven days a week, and present their pass to enter Basler Park.

The Pickleball Meetings

(no reservation required)

Join our pickleball enthusiasts in playing this popular sport! Organized pickleball time slots have been reserved for you.

Meetings Schedule*		
Monday • Tuesday • Wednesday • Thursday • Saturday	9:00 to 12:00	Courts 2-3-4
Tuesday (Beginner & initiation to pickleball)*	9:00 to 10:00	Court 1
This schedule is subject to change without notice. Other than these reserved time slots, the pickleball courts may be used for free practice.		

INFORMATION:

* Beginner/initiation lessons (Tuesday from 9:00 to 10:00): by registration (maximum 4 players) via email to rdesmeules47@gmail.com.

Players who wish to join the Quebec Pickleball Federation for \$25 can do so by contacting Sylvie Charland at the following email address: picklaurentides@gmail.com.





Royal Canadian Legion Activities

At 127 Watchorn Road

The flea markets will take place on June 3, July 8, August 5 and September 9.

Breakfast and BBQ lunch are available on-site (\$).

SATURDAY, JUNE 3

Flea Market #1

FRIDAY, JUNE 9

TGIF Smoked Meat, from 17:00 to 19:00

SATURDAY, JUNE 17

Lobster Dinner, at 18:00

SATURDAY JUNE 24

BH Connexion Band, at 20:00

SATURDAY, JULY 1

Canada Day Steak Supper, at 18:00

SATURDAY JULY 8

Flea Market #2

FRIDAY, JULY 21

TGIF Smoked Meat, from 17:00 to 19:00

SATURDAY JULY 29

Madhouse Band, at 20:00

SATURDAY AUGUST 5

Flea Market #3

SATURDAY AUGUST 12

Corn Roast, at 18:00

SATURDAY AUGUST 19

Legion Memorial Golf Tournament

All events are open to the public! Dart games every Thursday at 15:00.

Room rental available (info via email).

Information:

legion171@cgocable.ca • www.legion171.net • Facebook: legion171 • Music shows Facebook page: morinheights live • 450 226-2213



CENTRE SPORTIF
Pays-d'en-Haut

Summer Program 2023

8-week Session*

- June 12 to August 20 – Swim for Life Program
- June 12 to August 20 – Aquatic Fitness Program
- June 12 to August 20 – Fitness Program

* Classes will be suspended during the construction vacation weeks, from July 23 to August 5, inclusively.

REGISTRATION

- From May 28 to June 1st, 2023, for intra-MRC residents (except Wentworth-Nord)
- From June 2 to June 6, 2023, for everybody else

Online, daily, from May 28 to June 6, from 9:00 to 20:00;

In-person, May 28 to June 6, from 9:00 to 20:00 on Monday through Friday and from 9:00 to 17:00 on Saturday and Sunday.

For more information on the program and activities offered:

www.centresportifpaysdenhaut.com

Centre sportif Pays-d'en-Haut

252, boul. de Sainte-Adèle,

Sainte-Adèle, Quebec

579 202-1722

www.morinheights.com

Courses Offered

REGISTRATION is already open for tennis and starts on June 1st for the other courses.

- **ON INTERNET:** Go to www.morinheights.com and click on the “online services” menu and “online registration” submenu
- **BY PHONE** at 450 226-3232, ext. 132 OR **IN PERSON** at Chalet Bellevue from Monday to Sunday, between 9:00 and 16:00

INFORMATION

- For details on course content, please get in touch with the instructor directly.
- Legend: R: resident • NR: non-resident



New!

Fitness Summer Package

This summer, discover a wide range of physical activities offered directly in Morin-Heights, at a low cost! Outdoor or indoor, various courses will be offered to you as part of a package. One price will give you access to several different classes! This is your chance to try those classes you never dared to!

Details of the package are available on the municipal website: www.morinheights.com/Courses-activities-offered.

Tai chi Chuan

Free practice and exercise session (no teaching), no registration required. Benefits: Controls stress, maintains a state of calm, improves joints and balance, increases blood circulation, and stimulates the nervous system.

Location: Chalet Bellevue

Day: Saturday 9:00 to 11:00

Dates: July 8 to August 26

Teacher: Robert Lee / 450 227-8829

Dog Training – Kindergarten

Puppy kindergarten classes allow the animal to learn the basics of obedience through play, to be well supervised to ensure good socialization, to prevent behaviour problems and to learn how to play well with dog friends. During the training, you will have access to practical tools to manage common issues (biting, jumping, barking, etc.).

Location: Dog Park

Rate: R: \$250 / NR: \$290

Day: Tuesday from 18:00 to 18:55

Dates: June 13 to July 18 (6 weeks) – summer 1
August 1 to Sept. 5 (6 weeks) – summer 2

Teacher: EmmAnimo et son équipe /
egauthier57@gmail.com / 514 887-5018

Info: All dogs must be on a leash and evaluated without behavioural problems. Group of 4 to 5 people.

Dog Training – Elementary

Do you want to teach your dog good manners? This course is for you! We will teach you positive reinforcement training techniques that give quick and effective results. Commands taught: sit, down, calm, basic stay and wait, basic relaxed leash walking, focus, self-control, basic recall, etc.

Location: Dog Park

Rate: R: \$250 / NR: \$290

Day: Tuesday from 19:15 to 20:10

Dates: June 13 to July 18 (6 weeks) – summer 1
August 1 to Sept. 5 (6 weeks) – summer 2

Teacher: EmmAnimo et son équipe /
egauthier57@gmail.com / 514 887-5018

Info: All dogs must be on a leash and evaluated without behavioural problems. Group of 4 to 5 people.

Tennis Classes

Tennis for children 6-9 years old

Learning through play with depressurized balls on an adapted court. The objective is to learn the fundamental basics of tennis techniques and tactics.

Location: Tennis court at Basler Park

Rate: R: \$50 / NR: \$60 - summer 1
R: \$60 / NR: \$72 - summer 2

Day: Saturday from 14:30 to 15:15

Dates: May 20 to June 17 (5 weeks) - summer 1
July 8 to August 12 (6 weeks) - summer 2

Teacher: Benjamin Cayuela from La place tennis /
438 787-6520 /
benjamin@laplacetennis.com

Info: The material is lent on-site
(racket and balls)

Tennis for children 9-12 years old

Learning through play using depressurized balls to facilitate the transition to the large field.

Location: Tennis court at Basler Park

Rate: R: \$50 / NR: \$60 - summer 1
R: \$60 / NR: \$72 - summer 2

Day: Saturday from 15:30 to 16:15

Dates: May 20 to June 17 (5 weeks) - summer 1
July 8 to August 12 (6 weeks) - summer 2

Teacher: Benjamin Cayuela from La place tennis /
438 787-6520 /
benjamin@laplacetennis.com

Info: The material is lent on-site
(racket and balls)

Tennis for adults - Initiation (14 years and older)

Come learn to play tennis with fun. We will use adapted equipment. The objective is to succeed in playing points on the large court.

Location: Tennis court at Basler Park

Rate: R: \$87 / NR: \$100 - summer 1
R: \$104 / NR: \$120 - summer 2

Day: Saturday from 16:30 to 17:30

Dates: May 20 to June 17 (5 weeks) - summer 1
July 8 to August 12 (6 weeks) - summer 2

Teacher: Benjamin Cayuela from La place tennis /
438 787-6520 /
benjamin@laplacetennis.com

Info: The material is lent on-site
(racket and balls)

Tennis for adults - Intermediate (14 years and older)

Learning tennis through play. The objective is to perfect the knowledge, techniques, and tactics of tennis and to play points from the service.

Location: Tennis court at Basler Park

Rate: R: \$87 / NR: \$100 - summer 1 - summer 2 -
summer 3

Day: Tuesday from 18:00 to 19:00

Dates: May 30 to June 27 (5 weeks) - summer 1
July 11 to August 8 (5 weeks) - summer 2
August 22 to Sept. 19 (5 weeks) - summer 3

Teacher: Benjamin Cayuela from La place tennis /
438 787-6520 /
benjamin@laplacetennis.com

Info: The material is lent on-site
(racket and balls)

Tennis for adults - Advanced (14 years and older)

Improvement and development of skills through fun and professional teaching. The objective is to develop one's full potential.

Location: Tennis court at Basler Park

Rate: R: \$87 / NR: \$100 - summer 1 - summer 2 -
summer 3

Day: Tuesday from 19:00 to 20:00

Dates: May 30 to June 27 (5 weeks) - summer 1
July 11 to August 8 (5 weeks) - summer 2
August 22 to Sept. 19 (5 weeks) - summer 3

Teacher: Benjamin Cayuela from La place tennis /
438 787-6520 /
benjamin@laplacetennis.com

Info: The material is lent on-site
(racket and balls)

